



Telecom Tips – Cramming, Slamming

Be sure to check “Other Providers” charges on your local telecom bill. Often these charges are from carriers such as ILD, USBI, or Yellow Pages. They represent billing for services like voicemail, internet, and long distance. Most companies do not order these services and the charges can be as much as \$49.95 a month PER LINE with long distance usage as much as \$1.50 per minute!

If you are not using these services, (and you usually aren't) call the Toll Free number listed on the page of the bill that they appear. Your local carrier cannot disconnect the service. If the services have been on the bill for several months, you can often get retroactive credits. This simple check could result in thousands of dollars in savings per year.

The following examples, along with some helpful hints on what to look for.

Overwhelmed?

Let 4TelecomHelp take you from chaos to calm!

www.4TelecomHelp.com

888-428-4454

The Billing Resource

SAN DIEGO CA 92136 - 5104

Page 13 of 14
Account Number [REDACTED]
Billing Date Jul 11, 2008
Questions? 1 800 296-8079

Carrier

You'll need to provide the date of the services.

Important Information

This portion of your bill is provided as a service to the company identified above. Please review all charges appearing in this section. If you have any questions or concerns, call the telephone number shown above.

You will need to refer to the phone # the service is billing on.

Current Charges

Call this # to get service removed.

Itemized Charges and Credits

| No. | Date | Description | |
|---------------------------------|------|-------------------------------------|-------|
| Item | | | |
| Billed on Behalf of USABD | | | |
| Questions? Call: 1 800 306-0576 | | | |
| Charges for 661 391- | | | |
| 1. | 7-07 | USABD INTERNET SOLUTION MONTHLY FEE | 49.95 |

Service

Be sure to ask for credits as far back as they will go.

Total The Billing Resource 49.95



SAN DIEGO CA 92136 - 5104

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Account Number [REDACTED]
Billing Date Dec 11, 2008
Questions? 1 800 433-4518

Important Information

This portion of your bill is provided as a service to the company identified above. Please review all charges appearing in this section. If you have any questions or concerns, call the telephone number shown above.

Current Charges

Service

Itemized Charges and Credits

| No. | Date | Description | |
|--|-------|--------------------------------------|-------|
| Item | | | |
| Billed on Behalf of NATIONS VOICE PLUS | | | |
| Questions? Call: 1 866 527-4971 | | | |
| Charges for [REDACTED] | | | |
| 1. | 12-04 | NATIONS VOICE PLUS VMAIL MONTHLY FEE | 12.95 |

Be sure to ask for credits as far back as they will go.

| | | | |
|--|-------|---------------------------------------|-------|
| Billed on Behalf of SELECTED SRVCS, INC. | | | |
| Questions? Call: 1 866 537-9975 | | | |
| Charges for [REDACTED] | | | |
| 2. | 11-10 | SELECTED SERVICES INC. V-MAIL MTH FEE | 12.95 |
| Total Itemized Charges and Credits | | | 25.90 |

Total ILD Teleservices 25.90